

Prescribing Standards for Consultation

In an effort to reduce healthcare barriers for diverse and vulnerable populations, changes to the nutrition prescription standard for insulin dose adjustment are being proposed.

Current Policy Statement on insulin dose adjustment as per Nutrition Prescription Standards:

POLICY STATEMENT: Certification Required to Adjust Insulin and Oral Antihyperglycemic Agents

The dietitian adjusting insulin must be certified in insulin dose adjustment and certified or started the Certified Diabetes Educator (CDE) certification process.

Dietitians engaged in the practice of insulin adjustment must submit proof of certifications during the annual license renewal process. These include:

- current Diabetes Care Program of Nova Scotia (DCPNS) insulin dose adjustment certification, and
- CDE certification or evidence of engagement in the certification process. Completion of the CDE must be completed within 24 months of the approved NSCDN authorized prescriber application.

Dietitians adjusting oral antihyperglycemic agents must hold a Certified Diabetes Educator (CDE) certification before engaging in this process.

Dietitians engaging in insulin and oral antihyperglycemic agent adjustment, must practice in accordance with the current Diabetes Canada Clinical Practice Guidelines.

Proposed Revision:

POLICY STATEMENT: Requirements to Adjust Insulin and Oral Antihyperglycemic Agents

Insulin dose adjustment is part of diabetes self-management education. Dietitians engaging in insulin dose adjustment must practice within their individual competence and work collaboratively with the client and interdisciplinary team. Although, the College does not have specific requirements for insulin dose adjustment, dietitians must ensure they acquire the knowledge and competence to provide safe and ethical care in compliance with the NSCDN Standards of Practice and Code of Ethics. Dietitians must follow employer policies, guidelines, and certifications for insulin dose adjustment.

Dietitians adjusting oral antihyperglycemic agents must hold a Certified Diabetes Educator (CDE) certification before engaging in this process.

Dietitians engaging in insulin and oral antihyperglycemic agent adjustment, must practice in accordance with the current Diabetes Canada Clinical Practice Guidelines.